



## DEPARTMENT OF MENTAL HEALTH

hope. recovery. wellbeing.

JONATHAN E. SHERIN, M.D., Ph.D.  
Director

Curley L. Bonds, M.D.  
Chief Medical Officer  
Clinical Operations

Gregory C. Polk, M.P.A.  
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### **How American Indian Counseling Center – Los Angeles County Department of Mental Health is Supporting Our Community During the COVID Crisis**

The American Indian Counseling Center is a directly operated clinic of the Los Angeles County Department of Mental Health. While we provide culturally responsive mental health services for AIAN, we also treat clients from all backgrounds. The AICC provides community based services throughout Los Angeles County to address mental health concerns from a holistic perspective, including mind, body, spirit, and emotional wellness.

#### **What services are still available for community members?**

The American Indian Counseling Center continues to provide ongoing mental health services to the community. Given the current “Stay at Home” recommendation and social distancing protocols in place throughout Los Angeles County, routine mental health services will now be provided over the telephone or via Face Time. These services include individual therapy, medication support, and case management. The clinic is communicating with current and new clients to ensure services are not interrupted. New clients may complete new assessments with both the therapist and clinician.

#### **What additional services or resources, if any, are available to those in need? How can these be accessed?**

The AICC can provide information on community resources as needed. Community members can call the clinic at (562) 402-0677 and request information. These resources include local food banks, food services for children, and other mental health resources. The AICC is also in the process of developing an email list serve for clients and community members on relevant information during this time.

#### **Can community members walk-in to access services or use the community space?**

Given the current “Stay at Home” recommendation and social distancing protocols in place throughout Los Angeles County, the AICC is now providing services via telephone or FaceTime. At this time, we are limiting client contact within the building for urgent needs only.



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## **What are our current office or phone hours?**

Our office and phone hours have remained the same, we open at 8:00 a.m. and close at 6:00 p.m.. Staff are always available to answer questions or provide information.

## **How are we still supporting Census activities? (if applicable)**

The AICC has been slotted as a Census Action Kiosk, however, given the current “Stay at Home” recommendation and social distancing protocols in place throughout Los Angeles County, we strongly encourage you to complete the Census questionnaire on line. Now people can do this without leaving their home. The AICC can provide information on how individuals may access the website to complete the Census questionnaire. Once we are able to, the AICC plans to resume activity as a Census Action Kiosk. This will allow for community members to come into the clinic and complete the Census form in the office.