Accessing health care for American Indians and Alaska Natives is complicated. Between June and October of 2016, 501 American Indians and Alaska Natives who live in Los Angeles County took a survey on how they access health care, and what they prefer in their health care.

Today we are sharing some of that data, and we would like to hear your input.
This is who took the survey

Over 100 tribes were represented. These were the tribes with the greatest percentage:

- 91% were enrolled in a tribe
- 37% identified as American Indian/Alaska Native AND another race

The majority of the sample was between the ages of 18 and 64 years old:

- 42% 18-49 years old
- 49% 50-64 years old
- 9% 65+ years old

1 out of 5 people were temporarily homeless (staying temporarily with friends/relatives)

1 out of every 7 people were homeless (living in a hotel, shelter, or vehicle)

Source: Healthy LA Natives Survey, 2016 | May 2018
Insurance and Indian Health Service Utilization among American Indians and Alaska Natives in Los Angeles County

People who used IHS and had insurance were mostly women, middle aged (40-64 years old), and preferred a Native American clinic.

People who only used insurance had higher incomes, and higher levels of education.

Where do people who live in Los Angeles use the IHS?
UAII, other tribal clinics in Southern and Northern California, Arizona, Alaska, Montana, New Mexico, Washington

Prefer to be seen at a Native American clinic:
61% Yes
13% No
26% Unsure

These were the top 5 most important services people wanted at a Native American clinic:

- Dental services: 72.7%
- Services for people with disabilities: 65.5%
- Specialty care: 64.7%
- Cultural classes and workshops: 64.5%
- Mental health services: 63.5%

Other factors that affect access to health care:

- $10,000 - $19,999: 12%
- $20,000 - $51,999: 55%
- $52,000: 11%
- Unsure/Not Shared: 22%

1 out of 5 individuals screened positive for depression:

37% of our sample had difficulty with transportation:

Source: Healthy LA Natives Survey, 2016 | 2 May 2018
"For us the "movement of movements" needs to include indigenous world view, and how that worldview is a healing one."

-Sarah Eagle Heart, CEO Native Americans in Philanthropy

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Stay tuned for a follow-up report that shares more data and lessons learned from tonight.

Please contact Dr. Andrea Garcia with questions or data inquiries (andreagarcia@mednet.ucla.edu).